

**STARTS FRIDAY
9/22!
3:15-4:15PM
\$225**

S.A.G.E.

SHINE. ADAPT. GROW. EMPOWER.

UNLOCK YOUR CHILD'S INNER POWER



Learn to Manage Energy

We provide an empowering class that focuses on teaching 3rd through 5th grade students how to manage their own energy in order to live life at their full potential. Our classes start with a meditative exercise, followed by fun and innovative strategies such as journaling, drumming, and more. Here, your child will be able to discover their own superpower energy, enhancing their self-awareness and personal growth.



Adapt and Respond

We believe in creating a safe space where your child can learn to control their energy, understand how to adapt and respond to the energy around them, and release all of their worries and stress. Our classes are perfect for children who may not have the tools or strategies to change their own energy.



Connect and Grow

Let your child learn, grow and expand in a safe and encouraging space through SAGE 4 Kids. Sign up today and watch your child empower themselves! Our classes are designed to help children unleash their inner superpower, while connecting with others and growing as an individual. With SAGE, your child will have the perfect way to discover and embrace their full potential.



**TO REGISTER FOR OUR
AFTER SCHOOL RHLS
ENRICHMENT PROGRAM...**

**TEXT "RHLS SAGE" TO: 424-407-0777
or register at
www.sage4kids.com/rhls**